



## Learning Soft Skills From Art And Music



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### **Abstract:**

An art and Music have its own significance in literature and relevant fields and it is essential to learn soft skills, because soft skills which become more significant in this mechanical life, whereas, present generations required the soft skills to work and live together happily. India is deeply rooted with art and music from early 350B.C. Art and music are which can't detach from human life and there is a lot of resource to acquire soft skills from these age old concepts. As we know that, how literature related and other fields are related to Music and Arts. Most of the literates can share their sense along with literary works, however illiterates can convey their experience through music and art, so these concepts are become a part and parcel of their lives. An art is a non-verbal expression of humane feelings in a vivid manner; music is another vocal approach of art where audible expression from inside feelings of a persona. Many more inexpressive thoughts and feelings can be represented through art and music. An artist can carried out his/her the soft kills like emotions, ideology, teamwork, leadership qualities and creativity with art and music. In this way soft skills get across through art and music.

**Key Words:** literature – soft skills – acquire – flavor – persona – artistic feelings.



## Introduction:

The art and music is two great systems of culture, which generate source, creativity, aspiration and identification. The arts like drama, theater, dance, painting, carving and etc., and the music like classical, western and folk, etc., are an immense source for the young people to create their own uniqueness. These two systems not only for the sake of entertainment, but also enhance the soft and communicative skills. After the inward of technological and industrial revolutions the art and music come into a corner of human life. But in other hand these two revolutions are creating different types of resources in art and music to the present generation, but unfortunately which can't be identified properly because most of present generation children and young people are coming from non-professional families. The schools and colleges are promoting the students into knowledge based areas in the aims of only employability where pupils felt more stress, depression and lacking confidence in the future. It is necessary for all regions of society to encourage the art education for young people in require abilities and skills to lead a successful life.

India is basically a multi-cultural and traditional nation and every culture has its own art and music. Learning art and music will develop imagination, critical thinking, physical and mental skills to generate a unique creation. It is argued that by engaging in this process, students can amplify self-esteem and confidence in their abilities, therefore they become more motivated and produces self-career options. Many cultures may be identify by their artistic works, e.g., the ancient and vanished traditions has been identified by artistic work like painting, music, carving and engraving, by this we need to understand how their skills assisted them to keep their cultures alive. This paper explicit how music and art is influencing soft skills, what are the necessary steps must be taken by the teacher and parents to gear up the students to reach high levels of soft skills. Skills like empathy, understanding, speech, leadership, self-assessment and balancing emotions will discuss under soft skills.



## Soft Skills from Arts:

Without adequate of soft skills student may not success in interviews or personal life. It is the responsibility of every parent and teacher to inculcate the soft skills from school days. The students may learn soft skills from different artistic works like, painting, drama, craft, dance, visual art and etc. When we take any art, that particular art itself is a form of communicative soft skill, an extension of the person who has done the art, a way of communicating that which is within to those who are on the outside, a way of reaching inside to bring out that which is hidden to be revealed, a way to express much more in depth than with the limits of vision for written communication by using senses such as COLOR, SOUND, TOUCH, and even TASTE. Art is completely relevant to natural environment. Art born in nature and developed in the human brain.

Soft skills from Dance: Every art contain its own style of advantages which are helping us in solving the life problems. The following points

- Dance provides us complete awareness of the body postures – How to stand? How to breathe? How to walk? How to act? etc.
- Dance enhances the sensitivity of the person. In the society where feelings are suppressed and modes of expressing them have been very few, dance is a natural way of expressing human feeling and harmony within and without.
- Dance improves concentration, mental alertness, quick reflex action and physical agility. It also helps in relieving stress.

Soft skills from Drama: Drama is creative activity. Through this play, children gradually come to grip with the adult world. Students can:

- Explore the situation and discover how they feel.
- It provides medium to express ideas and impressions.
- Sharp focus, puzzling is demystified, and fragmentary ideas are put in perspective.
- From this form group of children work together for common goal.
- Self-realization, self-confidence, self-respect, analytical and evaluative thinking skills also improve.



Soft skills from Painting: Painting is such an art making a mark that tends to satisfy peoples different purpose. From this descriptive we learn the following skills.

- Through paining students may learn self-expression.
- It provide moral and joy.
- Ethics can display.
- The inner world imagination comes out.
- Emotions and feelings may exhibit and control.
- Students develop visual language.

Soft skills from Visual Art: Through this art students can explore, respond to and interpret the world visually. Drawing, Paint and color, Print, Clay, Construction, Fabric and Fiber comes under visual arts.

- Apply skills and techniques, demonstrating increasing sensitivity to the visual elements in his/her art work.
- Learning skills and techniques, demonstrating increasing sensitivity to the visual elements in his/her art work.
- Students will reflect upon, describe, analyze, interpret and evaluate their own and others' work.

In past cultures may be identify by the artistic works, e.g., the ancient and vanished traditions has been identified by artistic work like painting, carvings and engravings.

### **Soft Skills from Music:**

Music is a fundamental human experience and everyone loves music. From the time we are born, we respond to music and rely on it to stimulate our creativity, provide us with solace, distract us or unite us. The structure of music can be experienced emotionally and spiritually, or studied mathematically. Many successive directions of skills we acquire from the music classroom. Music is an integral part of most, if not all, groups of people. It is one of the longest lasting traditions that are passed from generation to generation. In music, India gave to the world her system of notation, with the seven cardinal notes and the



diatonic scale, all of which we enjoyed as early as 350 B.C., every country have their own styles of music, in India there are many musical manners are representing the cultures. The musical development was occurring in Asian countries in the eleventh century.

Dickinson the Journal of Adventist Education Child Welfare Association's claim that "through music, a child enters a world of beauty, expresses his/her inmost self, tastes the joy of creating, widens his/her sympathies, develops the mind, soothes and refines the spirit, and adds grace to the body. Music education goes beyond the study of vocal and instrumental lessons. It cuts across multiple disciplines and encompasses the teaching of history, the mechanics of music, and the science of sound.

Playing an instrument can lead to a sense of achievement; an increase in self-esteem; increased confidence; persistence in overcoming frustrations when learning is difficult; self-discipline; and provide a means of self-expression. These may increase motivation for learning in general thus supporting enhanced attainment.

There is growing evidence that the positive outcomes discussed above are increased through earlier exposure to music making and learning. Whilst the amount of research focusing on the effects of early years music making is limited compared to other areas of childhood, there is evidence showing positive effects, particularly around the development of parent and child communication and language and reading skills. As with all the additional benefits of music making, Hallam stresses the importance of high-quality instruction and consistent access.

Participating in musical groups promotes friendships with like-minded people; self-confidence; social skills; social networking; a sense of belonging; team work; self-discipline; a sense of accomplishment; co-operation; responsibility; commitment; mutual support; bonding to meet group goals; increased concentration and provides an outlet for relaxation.



Recent studies have shown that collaborative music making can increase empathy in toddlers. Empathy, in part, comes from being sensitive to subtle changes in the human voice that indicate mood and emotion. Children need to develop empathy if they are to thrive in family life, at school, and later, at work.

The relationship between musical participation and personal, social, or emotional benefits is interrelated, and complicated as a result. Rather than one off music making creating direct behavioral, emotional, physical or material changes for children and young people in challenging circumstances, the evidence is stronger that continued music making provides opportunities for wider development. Crucially, music is a key interest for children and young people and features strongly in the development of their identities, therefore they are more likely to get involved with music projects and benefit from that involvement. By ensuring consistent provision, Youth Music gives young people the choice to get involved in something that can make a difference to their own and other's lives

The following soft skills observed in music:

- Participating in a group.
- Social skills.
- Express emotions.
- Awareness of movement and body positions
- Understanding the empathy
- Creativity and imagination.
- Learn new words and concepts.
- Explore cause and effect.
- Enhance self-concept by sharing music and dance of each other's culture.
- Refine listening skills-noticing changes in tempo or pitch.



All above points carry through soft skills, which may help to develop social and work communications. Art and Music are such systems where numbers of employees were creating innovative creations.

A small glancing at a comparison between painting and music, painting we cannot understand where its beauty lies. Moreover, unless the eye is, to a certain extent, trained, one cannot appreciate the subtle touches and blending, the inner genius of a work of art. Similarly, in music, you can display any amount of skills by keeping to science, and it will be pleasing to the ear. Unless each note is given full play in every scale, all the science of music is marred. The comparisons prove that art and music is great works which screen to many communicative soft skills.

Musical brains works on:

- Stronger neural connections
- More grey matter
- Better information processing
- Higher IQ
- Better memory and attention
- Better motor coordination

## Conclusion

The art and music have been in existence since the earliest humans, are parts of all cultures, and is a major domain of human experience, just like science, technology, mathematics, and humanities. This paper focused on the significance of art and music. Art and music are the best ways to learn soft skills in smooth way. It is the primary responsibility of the teacher and the parent to encourage the student to learn any kind of art to show a path of confidence and self-employability.



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